

**WARNING SIGNS  
OF AN  
ABUSIVE PARTNER**

Controlling behavior

Guilt trips

Sexist

Threats

Intimidation

Isolation

Avoids responsibility

Makes you feel bad

Jealousy

Violence

-----  
*Being abused is never  
your fault.*  
-----

If you believe you are  
being abused,  
call for help:

**National Teen  
Dating Abuse  
Helpline**

**1-866-331-9474**

**TTY 1-866-331-8453**

**National Domestic  
Violence Hotline**

**1-800-799-SAFE**

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## A HEALTHY RELATIONSHIP IS:

Sharing and listening

Deciding things together

Equality

Support

Being respectful

Showing affection

Giving compliments

Laughing together

Pride in each other

Trust

Sensitivity

Honesty

Freedom to express  
your opinions and beliefs

Able to be stay connected  
with friends and family

Taking your time before  
getting intimately involved



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