In order to **end domestic violence**, we must address the problem at the societal, community, relationship, and individual levels. **There are LOTS of ways to take action** to work toward meaningful social change, and **we want to acknowledge YOU**.

Complete and check off as many as you can, and send your card to ________________________________ by ___________________ to be entered into our prize drawing.

- I attended a DVAM event
- I liked or shared a post on Social Media #DVAM2018
- I had a conversation with a colleague about ways to prevent DV
- I wrote a blog or op-ed about an issue I care about
- I called out a sexist joke/comment
- I wore a purple pin/ribbon for #DVAM2018
- I made a donation to my local shelter
- I had a conversation with a young person about healthy relationships
- I volunteered at a local non-profit/took steps to start volunteering with a local non-profit
- I challenged victim-blaming language
- I donated items to a local DV program
- I installed a purple porch light for #DVAM2018
- BONUS SQUARE: Tell us how you took a stand. Share it on facebook using #DVAM2018
- I took the Stand Up Colorado Pledge

YOUR LOGO HERE
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Complete and check off as many as you can, and send your card to Violence Free Colorado (apohl@violencefreeco.org) by 11/3/17 to be entered into our prize drawing.

And don’t forget to share what you’re doing on social media: #DVAM2018 | FB: /https://www.facebook.com/ViolenceFreeCO/ | Twitter: @CCADV1

www.violencefreecolorado.org

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I donated an old cell phone to Hopeline® from Verizon
I volunteered at a local non-profit/took steps to start volunteering with a local non-profit