

FRONT



Violence free
COLORADO™

Together we can end relationship abuse

A Healthy Relationship is:

- Sharing and listening
- Deciding things together
- Equality
- Support
- Being Respectful
- Showing Affection
- Giving Compliments
- Laughing Together
- Pride in each other
- Trust
- Sensitivity
- Honesty
- Freedom to express your opinions and beliefs
- Able to stay connected with friends and family



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Warning Signs of
an Abusive
Partner:

Controlling Behavior
Guilt Trips
Sexist remarks
Threats
Isolation
Avoids responsibility
Makes you feel bad
Jealousy
Violence

**BEING ABUSED IS
NEVER YOUR
FAULT**

If you believe that you
are being abused,
reach out to:
loveisrespect.org
or text "loveis" to 22522
or call 1-866-331-9474
TTY 1-866-331-8453

Free. Confidential.
Non-judgmental.

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